


FALL 2010 SWIMMING LESSON SCHEDULE: September 20 - December 12, 2010

Level		10 Week Lessons (once per week)						5 Week Lessons (twice per week)	
		Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday	Mon & Wed	Tues & Thurs
Parent & Tot									
30 minute lessons - \$53.00 A parent must accompany each child into the water for each lesson. 10 to 1 ratio with instructor. To eliminate the cancellation of classes, classes may be combined or moved to an alternate timeslot.	Starfish	10:00am	6:30pm	7:00pm	6:15pm	11:30am	11:30am	Session 1: 6:45pm Session 2: 6:00pm	Session 1: 5:45pm Session 2: 6:30pm
		2:00pm							
		7:00pm							
	Duck	10:30am	6:00pm	7:00pm	6:30pm	11:30am	11:30am	Session 1: 6:45pm Session 2: 6:00pm	Session 1: 5:45pm Session 2: 6:30pm
		2:00pm							
		7:00pm							
	Sea Turtle	10:30am	5:30pm	6:30pm	5:30pm	12:15pm	11:00am	Session 1: 6:15pm Session 2: 6:30pm	Session 1: 6:00pm Session 2: 6:00pm
		2:30pm							
		6:30pm							
	Salamander	10:30am	6:30pm	6:00pm	6:00pm	12:30pm	11:00am	Session 1: 6:15pm Session 2: 6:30pm	Session 1: 6:00pm Session 2: 6:00pm
		2:30pm							
		6:00pm							
Preschool (3 - 5 years)									
30 minute lessons - \$53.00 5 to 1 ratio with instructor. To eliminate the cancellation of classes, classes may be combined or moved to an alternate timeslot.	Sunfish	10:00am		5:00pm				Session 1: 5:15pm Session 1: 6:00pm Session 1: 7:00pm Session 2: 6:15pm	Session 1: 5:30pm Session 2: 4:45pm
		2:30pm							
		6:00pm	5:00pm	6:30pm	6:30pm	10:30am	10:30am		
		7:00pm							
	Crocodile/ Whale	2:00pm	4:30pm	6:00pm	4:30pm	10:00am	10:30am	Session 1: 7:00pm Session 2: 6:45pm	Session 1: 6:15pm Session 2: 5:15pm
		6:30pm	6:15pm						
		6:45pm							
Swim Kids (6 years & up)									
30 minute lessons - \$53.00 6 to 1 ratio with instructor. To eliminate the cancellation of classes, classes may be combined or moved to an alternate timeslot.	Swim Kids 1	7:30pm	5:45pm	6:30pm 7:00pm	5:45pm	12:00pm	12:00pm	Session 1: 5:45pm Session 2: 5:30pm	Session 1: 6:30pm Session 2: 5:30pm
	Swim Kids 2	7:30pm	6:00pm	7:00pm	6:00pm	10:30am	12:00pm	Session 1: 6:00pm Session 2: 7:00pm	Session 1: 5:15pm Session 2: 5:45pm
	Swim Kids 3	6:15pm	5:15pm	6:00pm	5:15pm	11:00am	12:30pm	Session 1: 6:30pm Session 2: 5:45pm	Session 1: 5:30pm Session 2: 6:15pm
	Swim Kids 4	5:45pm	5:30pm	5:30pm	5:30pm	10:00am	12:30pm	Session 1: 6:30pm Session 2: 5:00pm	Session 1: 6:00pm Session 2: 5:00pm
	Swim Kids 5	5:15pm	5:00pm	5:30pm	5:00pm	11:45am	10:45am	Session 1: 5:30pm Session 2: 5:15pm	Session 1: 4:45pm
45 minute lessons-\$57.25 8 to 1 ratio with instructor. To eliminate the cancellation of classes, classes may be combined or moved to an alternate timeslot.	Swim Kids 6	5:00pm	4:45pm	5:15pm	4:45pm	11:30am	10:30am	Session 1: 5:15pm Session 2: 5:00pm	Session 1: 4:30pm
	Swim Kids 7/8	5:15pm	4:30pm	5:15pm		10:45am	12:00pm	Session 1: 5:15pm	
	Swim Kids 9/10	5:15pm			4:30pm	10:00am	11:15am		Session 1: 4:45pm
1 hour lessons-\$67.25/\$53.00 8 to 1 ratio with instructor. To eliminate the cancellation of classes, classes may be combined.	Adult/Teen 1					11:00am		REGISTER EARLY TO AVOID DISAPPOINTMENT!	
	Adult/Teen 2/3					12:00pm			
10-week Lesson Session Dates								5-week Lesson Session Dates (Session 1)	
Monday, September 20 - November 29 (no lessons October 11)								Monday & Wednesday; September 20 - October 25 (no lessons October 11)	
Tuesday, September 21 - November 23								Tuesday & Thursday, September 21 - October 21	
Wednesday, September 22 - November 24									
Thursday, September 23 - December 2 (no lessons November 11)									
Saturday, September 25 - December 11 (no lessons October 9 or 23)				5-week Lesson Session Dates (Session 2)					
Sunday, September 26 - December 12 (no lessons October 10 or 24)				Monday & Wednesday; November 1 - December 1					
				Tuesday & Thursday; November 2 - December 7 (no lessons November 11)					
IMPORTANT! Please bring your child's report card to the first lesson date and hand in to your child's instructor. It will be returned on the final class date. Children new to the Swim Kids program are asked to bring their former report card to the first lesson date. New lesson participants will be issued a report card on the final lesson date. Please keep your child's report card in a safe place and return to future lesson instructors as your child progresses through future lessons. Our instructors are trained to guide your children through lessons in a safe and fun manner - please don't hesitate to let us know how we are doing! VISIT www.thesportsplex.ca to complete your on-line registration TODAY or contact us at 729-2470.									